
Contents

<i>List of tables</i>	viii
<i>Preface</i>	ix
<i>Introduction</i>	xii
1 Foucault, discourse, power and the subject	1
2 The governmentality of modern nutrition	15
3 The Greeks to the Christians: from ethics to guilt	25
4 Religion and reason: the emergence of a discourse on nutrition	46
5 Paupers, prisoners and moral panics: refining the meaning of nutrition	65
6 The nutritional policing of families	76
7 Nutrition landscapes in late modernity	92
8 Nutrition homescapes in late modernity	107
9 An ethnography of family food: subjects of food choice	122
10 The governmentality of girth	141
11 Conclusions	157
<i>Appendix</i>	162
<i>Notes</i>	164
<i>References</i>	165
<i>Index</i>	181